



WNBF BIKINI DIVISION JUDGING CRITERIA

BACKGROUND INFO

The Bikini Contest is a swimsuit/modeling contest designed to find the most marketable, most beautiful and most fit swimsuit models that represent the ideal for the Best Body. Best Body is a softer look than competitive Figure, and competitors should be aware of the judging differences.

COMPETITION ATTIRE

Updated 2014 - stones are allowed on suits. Traditional plain two-piece beach bikini swimsuit, however the fabric may be a multi-colored fabric of choice in solid print and High-heeled shoes and Jewelry is permitted. Note: Studs, rhinestones, beads or any applique's are allowed on the Best Body competition posing suits FABRICS including the connectors, straps and hip connectors. Appropriate coverage in the back of the suit is REQUIRED. No thongs or T-backs.

JUDGING ROUNDS (3):

- Overall Fitness and Balance
- Beauty Presence (facial beauty, tan hair, makeup, nails, etc.)
- Presentation/Model Walk (presentation, poise)

EXECUTION - OVERALL FITNESS & BALANCE ROUNDS, PRESENCE AND BEAUTY

This information outlines the competitor's poses for the Beauty Presence and Overall Fitness and Balance rounds which count for 2/3 of their overall score.

Face Front - From the Front:

- Heels can either be together (2-6 inches apart) or one foot facing forward slightly turned out and knee slightly bent and the opposite foot turned out and the leg extended to the side with the knee bent slightly or straight with or without one hand on the hip.

Another variation is the competitor may have one leg straight with the opposite knee bent over the knee of the leg that is straight – the Betty Boop pose. Again, this pose can be executed with or without a hand on hip.

- The hips MUST face the judges and the arms can remain at the sides or you can place one hand on your hip. Note: Your arms should not touch the sides of your suit or be over exaggerated (spread wide).
- Lats should be open but not overly flared as in Figure.



- And your toes must face the judges, but competitors can angle their toes out SLIGHTLY if it helps to accentuate their thigh presentation (this is assuming you are standing with your feet together, if you are choosing to stand with one leg extended to the side this does not apply).

The angle of outward extension of any foot is permitted but any over exaggeration of this ruling will be corrected by the Head Judge. NOTE: The head-judge may ask the competitor place both feet together. Side Pose:

- From the front pose, competitors execute a 1/4 turn to the right and adjust stance: Upper body turned 35 degrees towards judges, so the rear shoulder can be seen, but nothing exaggerated;
- The hips MUST face the side of the stage; the hip may come up a bit but not over exaggerated and you may twist your shoulders 35 degrees towards the judges. Your hips must face the competitor in front of you No exceptions. You may turn your head and look directly at the judges.

You can choose either of these two foot positions:

- The complete strict side pose: with the front foot offset only half the distance from the back foot (the foot that is facing the judges; the heel of that foot has the ball of that foot touching the ball of the opposite foot, or
- Lift the foot facing the judges off the ground a bit leaning on your front toe. However in either position, toes must face the side of the stage and not turn out towards the judges.

Hips must face the side of the stage as well. Long hair should be pushed back behind the front shoulder so it doesn't obscure view. The rear hand may be placed on the hip or could hang freely with palms towards the body.

- From the side pose, competitors execute a 1/4 turn to the right and face the curtain or rear of the Stage. Just like the front pose, heels can either be together (2-3 inches apart) or one foot facing forward slightly turned out and knee slightly bent and the opposite foot turned out and the leg extended to the side with the knee bent slightly or straight with or without one hand on the hip.

Competitors can either choose to cross their feet in their back pose meaning placing their feet



in a crossed position. Competitors with long hair should brush their hair to one side when they turn to the rear so their back can be seen.

- Arms can either be at the sides with the hands hanging freely-palms towards the body or with one hand at the hip. Lats open but not over flared to show upper body symmetry

NOTE: AT NO TIME DURING THE REAR STANCE IS A COMPETITOR PERMITTED TO TURN THEIR HEAD TO LOOK AT THE JUDGES, OR STAND WITH BOTH LEGS WIDE OR BEND OVER. THESE TWO VARIATIONS WILL NOT BE PERMITTED AND COMPETITORS WILL BE SCORED DOWN.

The competitor should hit their poses and only move to reset themselves. Any over exaggerated and distracting movement on stage will not be permitted and the head judge reserves the right to tell the competitor to hold their pose.

NEW IN 2014

PRE-JUDGING WALK - this is scored and can be used during prejudging for scoring by itself or with the full stage walk. If the number of competitors is large, it is recommended that they only do this walk in prejudging and save the other walk for the finals.

There will be two lines on stage for the bikini competitors to use for walking back and forth. The head judge will ask all competitors to walk to the front line. As a group you will all move forward. You may do some more quarter turns here. The head judge will have you walk back to the rear line while facing backwards. You may do this a number of times. The judges will use this to help score the presentation round. Also, this walking back and forth can really help judges when it is close.

EXECUTION - STAGE WALK: The Stage Walk or T-Walk is the competitor's opportunity to show grace, poise and confidence. Competitors should execute the T-walk in a tasteful, confident manner as exaggerated displays or taking excessive time onstage will be scored down.

WALK/STAGE WALK IS EXACTLY THE SAME AS THE FIGURE WALK JUST MUCH SOFTER. The stage walk will be conducted in a manner according to the promoters site restrictions, but in accordance with the WNBF rules. Competitors will execute the T-walk in the pattern designated by the head judge or show promoter.

Competitors who fail to follow the designated walking pattern will be scored down.



SCORING EACH ROUND: The judges will score each round and give competitors a final placement for that round before moving on to the next round. Example: if there are 8 people in the class the judges will place them 1st through 8th place in each round. When the judges are done with all three rounds they will add the (3) scores together to come up with the final placement for that competitor. If two competitors have the same final score the judge will revert to the Overall Fitness Balance round to break the tie.

WNBF Bikini Stage Walk

You will execute the 5 mandatory poses at four locations:

1. Rear Center stage (Front pose)
2. Front Right side of stage (Left side pose facing center stage)
3. Front Center stage (Front and rear pose)
4. Front Left Side of stage (right side pose facing center stage)
5. Exit stage.

NEW 2014

OPTION 2: is to remove the first pose in the center. The competitors will walk in from either side and do a side pose facing in, then will go to the center and do a front pose, rear pose and front pose, walk to the other side and do a side pose facing in.

During prejudging while the walk is scored, the entire class should stay on stage. The judges can finalize their scores during this time.